



# Sample Summer Lunch & Supper Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Lunch</b>	<p>Fish pie liver and bacon casserole Cheese omelette &amp; selection of salads All served with fresh green beans, broccoli and creamed potatoes</p> <p>-----</p> <p>Lemon meringue pie Semolina Fresh fruit</p>	<p>Coq au vin Tuna &amp; vegetable pasta bake Egg salad All served with freshly prepared vegetable medley and dauphinoise potatoes</p> <p>-----</p> <p>Crème brulee Tapioca Fresh fruit salad</p>	<p>Sirloin of beef with yorkshire pudding Nut roast Broccoli and stilton quiche &amp; salads All served with roast potatoes, creamed potatoes, spring greens, carrots, peas and leeks au gratin</p> <p>-----</p> <p>Raspberry flan &amp; ice cream Rice pudding Fresh fruit salad</p>	<p>Lamb rogan josh, rice, bombay potato Vegetable lasagne Prawns in a marie rose sauce and salads All served with courgettes, sliced green beans and sautéed potatoes</p> <p>-----</p> <p>Apple pie &amp; custard Sago Fresh fruit salad</p>	<p>Breaded plaice Poached loin of cod Mushroom omelette and a selection of salads All served with grilled tomatoes, peas, and chipped potatoes</p> <p>-----</p> <p>Lemon tart and cream Yoghurt Fresh fruit salad</p>	<p>Chicken &amp; leek short crust pie Shepherds pie Mediterranean vegetable couscous All served with cream swede, buttered carrots &amp; roast new potatoes</p> <p>-----</p> <p>Fruit trifle Ground rice pudding Fresh fruit salad</p>	<p>Roast lamb and mint sauce Nut roast Stuffed peppers All served with savory cabbage, runner beans, roasted parsnips &amp; new &amp; roast potatoes</p> <p>-----</p> <p>Rhubarb crumble &amp; custard Yogurt Fresh fruit salad</p>
<b>Supper</b>	<p>Chicken soup served with croutons Plaice goujons with tartare sauce Egg cress or ham and tomato sandwich</p> <p>-----</p> <p>Fresh melon cocktail and cream Semolina Seasonal fruit</p>	<p>Wild mushroom soup served with croutons and fresh herbs Quiche lorraine Prawn salad sandwich Jam sandwich</p> <p>-----</p> <p>Vienetta ice cream Seasonal fruit tapioca Cheese &amp; biscuits</p>	<p>Vegetable soup served with croutons and herbs Cauliflower mornay Cheese &amp; cucumber sandwich Corned beef and pickle sandwich</p> <p>-----</p> <p>Morello cherry cheesecake Rice pudding Seasonal fruit</p>	<p>Tomato soup served with croutons and fresh herbs Chicken liver parfait with toast Cheese &amp; onion sandwich Beef &amp; horseradish sandwich</p> <p>-----</p> <p>Fruit jelly &amp; cream Sago Season fruit</p>	<p>Pea and ham soup with croutons &amp; fresh herbs Jacket potato with a selection of fillings Gammon &amp; mustard sandwich Tuna and sweet corn sandwich</p> <p>-----</p> <p>Apricots and Custard Yoghurt Seasonal Fruit</p>	<p>Butternut squash, sweet potato soup Macaroni cheese Cheese &amp; coleslaw sandwich Pink salmon salad sandwich</p> <p>-----</p> <p>Poached peaches and cream Ground rice pudding Seasonal fruit</p>	<p>Spicy parsnip soup served with croutons &amp; fresh herbs Welsh rarebit Coronation chicken sandwich Lemon curd sandwich</p> <p>-----</p> <p>Coffee &amp; walnut gateau Yoghurt Seasonal fruit</p>

